

Another way we show respect for our bodies is by being modest. This topic provides you with the opportunity to discuss the importance of modesty and privacy, and of respect for other people's bodies. After infancy, we are careful to cover the private parts of our bodies with clothing. As we grow older we learn not to intrude on other people in the bathroom and not to make silly jokes about our bodies or our bodily functions.

Note: Raise the topic of inappropriate touching, and make sure the children understand that with a few exceptions (for example, a parent helping a child bathe, a doctor doing a necessary examination), no one has the right to touch the private parts of their bodies. You can explain to them that these are the parts of the body that are covered when they wear a bathing suit. If someone does try to touch them in this way, it is very important that they tell a trusted adult (a parent or teacher), even if the person told them to keep it a secret.

As with the previous topics, the content of Topic 5 is presented through a continuation of the story of Sara and Dominic, and their baby son, Alexander. Since the baby's baptism is part of the story, there is an opportunity for the children to make the connection with what they are learning about baptism in their Religious Education program.

Important Words

- *penis, breasts, modesty*

Program Resources

- Alex Comes Home; Alex is Baptized (Big Book, pp. 20 and 21)
- Student Book, pages 45 – 48
- Family Connections (Caring for Babies)
- BLM #12 — What Babies Need

Curriculum Connections

This topic provides a connection to the Health and Physical Education curriculum Healthy Living; and to the Science and Technology curriculum, Life Systems. If your school has a sexual abuse prevention program, you may want to schedule it following this topic.