



Dear _____ Date _____

At school, we have been talking about the way we grow and change as we get older. Here is what we have been learning:

We Are Growing

- As we grow, we learn new things with our minds and our bodies.
- God made us unique. We grow and learn in our own way.
- Everyone finds some things easy, and some things difficult. What's important is to keep trying.

Let's talk about this list together. Is there anything we should add to the list?

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Love, _____