

mental health, abilities, gender roles and expectations, and gender expression. When we stereotype, we reduce individuals to a single aspect of their identity and subject individuals to unjust discrimination. This does not respect their dignity and does not recognize that they are deeply loved by God.

You might ask the students:

For each of these factors, think about:

- what this looks like (have students also consider media stereotypes)
- the effects on a person's self-concept
- the effects on how a person is included socially and their relationships with others

As a whole class discussion, propose ways of responding to and changing assumptions and stereotypes.

Conclude this discussion by referring to the Micah quote at the beginning of the lesson. Ask the students what they think “God is asking” of us. What does the quote mean? How are we being asked to relate to those who are mistreated because of stereotypes in our world today? Mother Teresa said, “If we judge others, we have no time to love them.” What do you think she meant by this statement?

The main ideas from this lesson are:

- We are all children of God.
- God loves all people unconditionally.
- Under no circumstance are we to judge, reduce, or mistreat another person for any reason, including sexual orientation and gender issues.

Health and Physical Education expectation D3.3