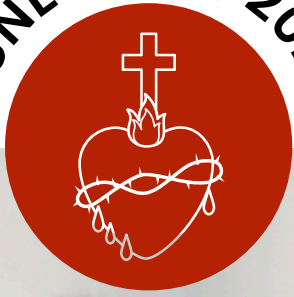


JUNE 3 - 12, 2026



Novena to the Sacred Heart of Jesus

AN INVITATION

TO THOSE INVOLVED IN AND THOSE WHO CARE
FOR *CATHOLIC EDUCATION* IN THE PROVINCE
OF ONTARIO TO PRAY TOGETHER – 2026

Let us once again pray together for the *Solemnity of the Most Sacred Heart of Jesus* – a heart that overflows with love for each and every one of us.

During Catholic Education Week, we celebrated that we are pilgrims of hope on the pathway to holiness. Together, on the journey, let us pray that the love of his Sacred Heart flows through us to all those we serve.





STRUCTURE AND USE OF THE NOVENA

A novena is an ancient form of prayer in the Catholic tradition consisting of nine consecutive days of prayer leading up to a particular feast day where a particular blessing or grace is sought.

The devotion to the Sacred Heart of Jesus and the celebration of the Solemnity of the Sacred Heart of Jesus are part of our longstanding tradition in the Church. Students in Catholic Schools in Ontario learn about this devotion in the Grade 6 *Growing in Faith, Growing in Christ* program during Unit 5.

You may begin each day with an announcement of the Theme.

Then say, "Let us pray." (pause)

Make the Sign of the Cross and proceed with the day's prayer as shown below.

Each day, the prayer incorporates a small Scripture passage from the readings of the day. In this way, our prayer is joined with the prayer of the whole Church worldwide. It is recommended that you observe a brief pause following the proclamation of the short Scripture passage. This allows for a moment of silent reflection and our collective prayer then follows from the Word of God.

**We place our trust in you,
Lord, on the path to holiness.
(Psalm 123: 2b)**

On this day, before our Novena begins, we think of Psalm 123. This psalm reminds us how we look to God – trusting in his mercy.

Over the next nine days, our prayers will focus on the heart of Jesus – his Sacred Heart. We will remember his great love for us. Even when our heart is worried or troubled, we can trust in God's love because we have seen the love of his Son, Jesus. We will pray this prayer today in preparation for the novena using the words of Psalm 123 and the nine themes from the nine days of our novena.

Let us pray

**+ In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

*Our eyes look to the Lord our God,
until he has mercy upon us.*



We place our trust in you, Lord ... on the path to holiness.

You call us to love God and love our neighbour ... on the path to holiness.

You give us your commands to follow ... on the path to holiness.

You call us to be generous and helpful to those we meet ... on the path to holiness.

You give us yourself as living bread – food for the journey... on the path to holiness.

You call us to be peacemakers ... on the path to holiness.

Let our light shine ... on the path to holiness.

Teach us ... on the path to holiness.

Help us to proclaim your good news ...on the path to holiness

Remind us that we never walk alone ... on the path to holiness.

Amen.

DAY 1: THURSDAY, JUNE 4TH

You call us to love God and love our neighbour as we journey the pathway to holiness. (*Mark 12: 28-31*)

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.

One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, "Which commandment is the first of all?" Jesus answered, "The first is, 'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbour as yourself.' There is no other commandment greater than these."

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us when we forget the importance of loving God and loving others.

Knowing we are together on the path to holiness, we now ask for **the grace to love God and others as you taught us, Jesus.**

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



DAY 2: FRIDAY, JUNE 5TH

You give us your commands to help us as we journey on the path to holiness. (*Psalm 119: 157, 165*)

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.

*The sum of your word is truth,
and every one of your righteous ordinances endures forever.*

*Great peace have those who love your law;
nothing can make them stumble.*

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us when we forget that God wants to help us by giving us his commandments.

Knowing we are together on the path to holiness, we now ask for **the grace of knowing that we can find peace in following your ways.**

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



DAY 3: SATURDAY, JUNE 6TH



You call us to be generous and helpful to those we meet as we journey on the path to holiness. *(Mark 12:38-44)*

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.



Jesus watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, "Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she ... has put in everything she had."

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us when we are selfish or do not share our gifts with others.

Knowing we are together on the path to holiness, we now ask for **the grace to be generous in helping others.**

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



DAY 4: SUNDAY, JUNE 7TH

**You give us yourself as living bread
– food for the journey on the path
to holiness. (*John 6:51*)**


***The Solemnity of the Most Holy Body
and Blood of Christ (Corpus Christi)***

Let us pray

**+ In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

O my Jesus, I place my trust in you.

Let us listen to God's Word.



*I am the living bread that came down from heaven.
Whoever eats of this bread will live forever.*

(pause for a moment of silent reflection)

**O Sacred Heart of Jesus, full of compassion and love,
have mercy on us when we forget how precious a gift we
have in sharing communion.**

**Knowing we are together on the path to holiness, we now
ask for **the grace of thankful hearts, especially for the
gift of the Eucharist.****

Sacred Heart of Jesus, we place all our trust in you.

**In the name of the Father, and of the Son, and of the Holy
Spirit. Amen.**

DAY 5: MONDAY, JUNE 8TH

You call us to be peacemakers in a world of conflict as we journey on the path to holiness. (*Matthew 5:9*)

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.

"Blessed are the peacemakers, for they will be called children of God."

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us when we do not seek peace.

Encouraged by your words we now ask for **the grace to learn to be peacemakers where feelings are hurt and where conflicts arise.**

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



DAY 6: TUESDAY, JUNE 9TH

Let our light shine as we journey
on the path to holiness.
(Matthew 5:14-16)

Let us pray

**+ In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

O my Jesus, I place my trust in you.

Let us listen to God's Word.

You are the light of the world ... No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house ... let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

(pause for a moment of silent reflection)

**O Sacred Heart of Jesus, full of compassion and love,
have mercy on us when we do not let our light shine for
others.**

**We now ask for the grace to be lights that shine so others
can know your goodness, Lord.**

Sacred Heart of Jesus, we place all our trust in you.

**In the name of the Father, and of the Son, and of the Holy
Spirit. Amen.**



DAY 7: WEDNESDAY, JUNE 10TH

Teach us as we journey on the path to holiness. (*Matthew 5:17*)

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.

"I have come not to abolish the law but to fulfill it."

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us.

We now ask for the grace to learn more every day about how to follow you, Jesus.

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



DAY 8: THURSDAY, JUNE 11TH



Let us proclaim the good news of Jesus as we journey on the path of holiness. (*Matthew 10: 5, 7*)

Let us pray

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, I place my trust in you.

Let us listen to God's Word.

Jesus sent out with the following instructions: "As you go, proclaim the good news, 'The kingdom of heaven has come near.'"

(pause for a moment of silent reflection)

O Sacred Heart of Jesus, full of compassion and love, have mercy on us when we do not proclaim you by our words or by our actions.

We now ask for the grace to share the good news of Jesus by all that we say and do as we journey on the path to holiness.

Sacred Heart of Jesus, we place all our trust in you.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.





DAY 9: FRIDAY, JUNE 12TH

**Remind us that we never walk alone on the path to holiness.
(Matthew 11:28 - 30)**

Solemnity of the Most Sacred Heart of Jesus



Let us pray

**+ In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.**

O my Jesus, I place my trust in you.

Let us listen to God's Word.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."



(pause for a moment of silent reflection)

**O Sacred Heart of Jesus, full of compassion and love,
have mercy on us when we feel it is difficult to follow you.**

**We now ask for the grace to know we are not alone; you
walk with us on the path to holiness.**

Sacred Heart of Jesus, we place all our trust in you.

**In the name of the Father, and of the Son, and of the Holy
Spirit. Amen.**

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